

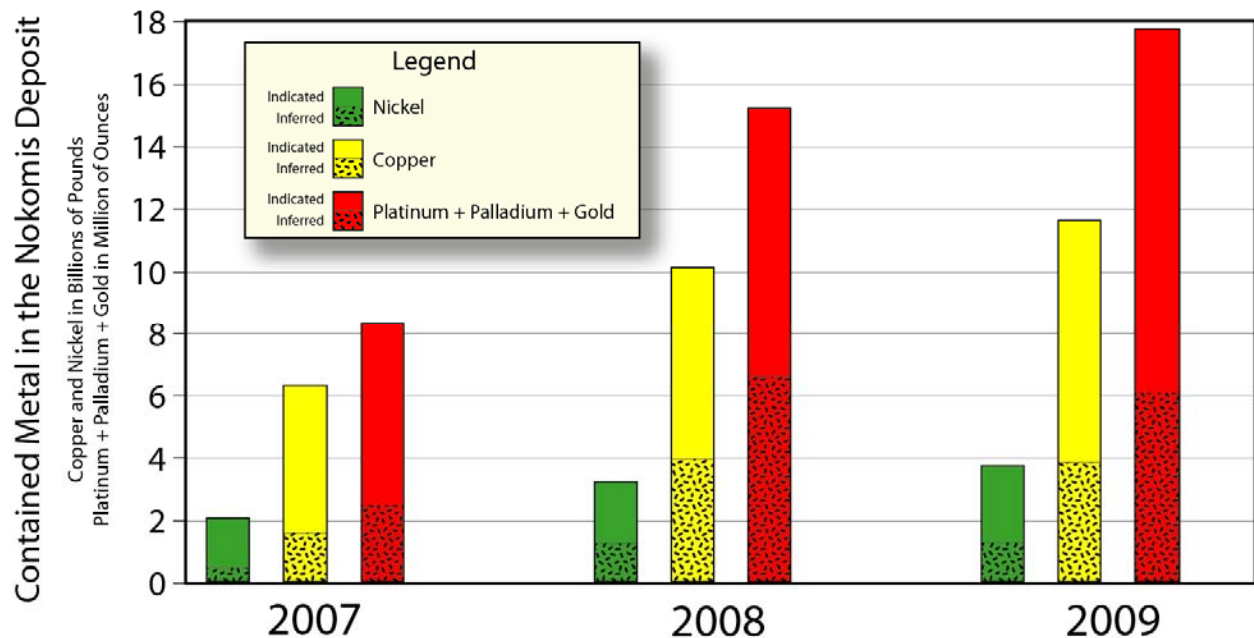


DULUTH METALS NOMINATED FOR MINING JOURNAL' S EXPLORATION AWARD

TORONTO, Ontario, November 18, 2009 - Duluth Metals Limited ("Duluth Metals") (TSX: DM) (TSX:DM.U) is pleased to announce their Nokomis Deposit has been nominated for the Mining Journal's Exploration Award, given for notable exploration success during the past year. The Mining Journal's Outstanding Achievements Awards Ceremony will take place on Wednesday, December 2nd in London, U.K. Details about the Awards Dinner as well as online voting can be found at the Mining Journal website www.mining-journal.com.

In the Company's short three year history, Duluth Metals has discovered and qualified the Nokomis Deposit, one of the world's largest copper, nickel, platinum, palladium gold deposits by completing over 153,000 metres of drilling on 155 holes and 67 wedge holes from 2006 to 2009. The Nokomis Deposit now contains **550 million tonnes of Indicated Resources grading 0.639% copper, 0.200% nickel, 0.660 grams per tonne TPM (TPM = Pt + Pd + Au) for a copper equivalent (CuEq) grade of 1.51%, plus an additional 274 million tonnes of Inferred Resources grading 0.632% copper, 0.207% nickel, 0.685 grams per tonne TPM for a CuEq grade of 1.53%** based on the Scott Wilson Roscoe Postle Associates Inc. NI 43-101 Resource Estimate dated October 26, 2009, (Footnotes available in press release dated October 26, 2009).

The history of the growth of the Nokomis Deposit can be reviewed in the NI 43-101 Resource Estimates covering 2007, 2008 and 2009, and is shown in Graph 1, available on the Company website at www.duluthmetals.com under this press release.



David Oliver, P. Geo. is the Qualified Person and Project Manager for Duluth, in accordance with NI 43-101 of the Canadian Securities Administrators, and is responsible for the technical content of this press release and quality assurance of the exploration data and analytical results.

About Duluth Metals

Duluth is committed to acquiring, exploring and developing copper, nickel and platinum group metal (PGM) deposits. Duluth's principal property is the Nokomis Deposit located within the rapidly emerging Duluth Complex mining camp in northeastern Minnesota. The Duluth Complex hosts one of the world's largest undeveloped repositories of copper, nickel and PGMs, including the world's third largest accumulation of nickel sulphides, and one of the world's largest accumulations of polymetallic copper and platinum group metals.

This document may contain forward-looking statements (including "forward-looking statements" within the meaning of the US Private Securities Litigation Reform Act of 1995) relating to Duluth's operations or to the environment in which it operates. Such statements are based on operations, estimates, forecasts and projections. They are not guarantees of future performance and involve risks and uncertainties that are difficult to predict and may be beyond Duluth's control. A number of important factors could cause actual outcomes and results to differ materially from those expressed in forward-looking statements, including those set forth in other public filings. In addition, such statements relate to the date on which they are made. Consequently, undue reliance should not be placed on such forward-looking statements. Duluth disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, save and except as may be required by applicable securities laws.

For further information: please contact Mara Strazdins, Director of Corporate Communications, at mstrazdins@duluthmetals.com or at (416) 369-1500 or Henry Sandri, President and CEO, at hsandri@duluthmetals.com. Minnesota corporate office: telephone 651-389-9990.

Web Page: www.duluthmetals.com